

# Yoghurt Cashew/Yoghurtcashewnöt

Heavenly Bites. Hand picked, dry-roasted cashews, dipped in the finest natural greek yogurt. Take a little bite of heaven with our Yogurt covered cashews.

100% Pleasure, 0% Guilt!



Smile




Nuts!



Goodness



Energy Boost

 **Mindful Eating:** Calm your mind and soul. Reseal these special bags that help keep the deliciousness for as long as possible (& keep hands out) to minimize oxidation of the special ingredients. Enjoy!

Cashew coated with white chocolate (68%)/Cashewnöt överdragen med vit choklad (68%)

**Ingredients/Ingredienser:** Sugar/Socker, **Cashew/Cashewnöt** (30%), cocoa butter/kakaosmör, whole **milk** powder/hel**mj**ölkspulver, whey powder/vasslepulver (**milk/mj**ölk), **lactose/laktos**, **yoghurt** powder/**yoghurt**pulver (1.05%), yogurt flavor/yoghurtarom, emulsifier/emulgeringsmedel (**soy** lecithin/**soja**lecitin), natural vanilla flavor/naturlig vaniljsmak, glazing agent E904/ytbehandlingsmedel E904, glucose syrup/glukossirap, modified starch/modifierad stärkelse. The white chocolate contains minimum 25% cocoa solids/Vit choklad innehåller minst 25% kakao. May contain traces of **peanuts** and **treenuts**/ Kan innehålla spår av **jordnöt**, **mandel**, **hasselnöt**, **paranöt**, **pistagenöt**, **pekannöt**, **valnöt**, **macadamianöt** & **gluten**.

**Country of Origin/Ursprungsland:** Various/Flera

<b>Nutritional values/Näringsvärden</b>	<b>(Per 100 g)</b>	<b>(Per serving/Per portion 45 g)</b>
Energy/Energi (kcal):	541.2 (2266.2 kJ)	243.5 (1019.8 kJ)
From Fat/Från fett (g):	294.9 (1234.8 kJ)	132.7 (555.6 kJ)
From Carbohydrate/Från kolhydrater (g):	216.1 (906.5 kJ)	97.2 (407.9 kJ)
From Protein/Från protein (g):	30.1 (126.0 kJ)	13.5 (56.7 kJ)
Total fat/Totalt fett (g):	34.0	15.3
Saturated Fat/Mättat fett (g):	14.6	6.6
Mono-unsaturated/Enkelomättade (g):	13.8	6.2
Poly-unsaturated/ Fleromättade (g):	3.2	1.5
Total Carbohydrate/Totalt kolhydrater (g):	53.7	24.2
Sugars/Sockerarter (g):	44.6	20.1
Dietary Fiber/Kostfiber (g):	1.0	0.4
Protein (g):	9.2	4.2
<sup>1</sup> Sodium/Natrium (mg):	75.7	34.0

<sup>1</sup>The content of salt is exclusively due to naturally occurring sodium/Salthalten beror uteslutande på naturligt förekommande natrium.

Reference intake for an average adult/Referensintag för en genomsnittlig vuxen (8 400 kJ/2 000 kcal).

**Potential choking hazard to small children/  
Tänk på att små barn lätt kan sätta innehållet i halsen.**

**Storage:** Once opened, please keep me somewhere away from direct sunlight. Store me in a cool, chilled-out place. I'm not a vampire though, promise.

**Förvaring:** Förvaras torrt och svalt.

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info@thisisnuts.co

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OTHER

**Weight/Vikt: Lot nr:**

**Net weight/Nettovikt:**

**Use by date/Bäst före:**